

Prayer Against Distraction

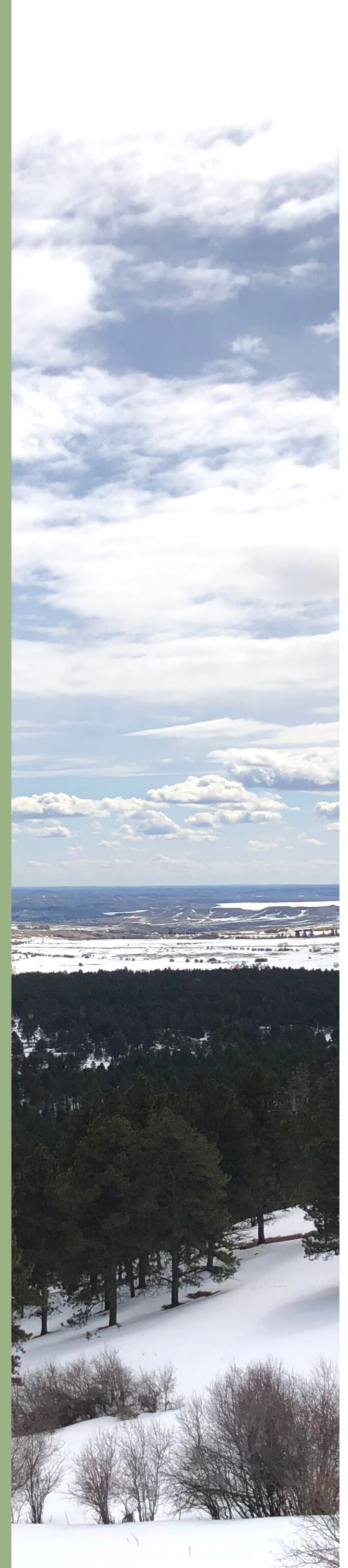
In this moment when I could scroll my screen
and turn off my mind.

Give me pause to turn to You.

Let me repeat the words that Jesus said,
Enough that they take root inside my head.

Help me fight back fear and thoughts of dread,
By thinking thoughts which Paul has said (Phil 4:8)

I am not a mindless human drone,
I am created by You and called as your own.
So forgive me Lord for these venomous habits,
And turn my boredom into gladness.




High Arches